

LEVEL B SET B ROLE MODEL SCRIPT

https://youtu.be/okTZOabNuvo

	Mid Fair	High Fair	Mid Average	Mid Good	Low Excellent
	0.7 - 1.3	1.4 - 2.0	2.9 - 3.7	5.3 - 6.0	7.1 - 7.6
Compulsory 2	Whip technique Coordination lacking Footwork not preicse Closed wrong leg Incomplete 8 finger		Good baton technique Lacking fluidity Lunge alignment needed Lacking lunge turnout 8 finger position incorrect	Good coordination Steady shoulder on whip Lacking lunge turnout	Very good coordination, posture and consistency
Compulsory 3		Improper entrance Missing loops between 1-2 & 2-1 fingers Lacking lunge turnout	Fingers not centered Fingers off pattern Inconsistent speed Body positions not strong	Clean horizontal entrance Consistent speed Slight off pattern	Good posture and lunge turnout Free hand fingers split
Compulsory 5	Steady shoulders on whip Square shoulders to R side Lunge position not correct		Square shoulders to R side Turn outs not precise Forward lean causing off balance	Good tracking Strong body technique Small breaks in baton flow Lean slightly forward	Nice posture Technique well done Slight speed variation
Compulsory 7		Well tracked roll Improper entrance Watch hand positions during roll Blend body and baton for more flow	Well tracked roll Coordination slightly off Blend body and baton for more flow	Good tracking Smooth movements Add extension to layout	Good tracking and posture Extension good Slight speed variation
Compulsory 10	Whip technique Freehand positions not defined Incorrect reception position Lunge positon not correct Drop		Good release technique Off center release Leaning forward on catch Lacking lunge turnout	Square to side on catch Lacking lunge turnout Stretch back foot on lunge	Nice body technique, plie, alignment and turnout Hang time on aerial
Compulsory 12			Arms not precise Caught at end of baton Timing off Upper body needs precision	Timing good Freehand positions not precise Chenne stepped to back and not side causing off balance	High Good Example Good timing Stretch L hand on reception Shoulder pulled up on turn
Compulsory 13		Pattern pretty good Placement off Define arm positions Caught end of baton causing bad break	Head back on spin Wrong arm on top during spin Hesitation after catch	Good timing and pattern Slight hesitation on catch Arms should be at shoulder level during spin	Good posture and pattern Reaching for reception Arms should be at shoulder level during spin
Compulsory 14	Off pattern Reception positon not accurate Lacking lunge turnout		Alignment & turnout not precise No eye contract during reception Not lowering in a plie	Good pattern and posture Hesitation on catch, should lower with fluidity	Smooth execution Started to lower arm after catch but could do even more