
The Making of a Champion

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In this video, "The Making of a Champion", we get an inside look, up close and personal, of the training techniques that have consistently catapulted her students into Gold Medal Elite status. Here, we follow the journey of Junior Men's World Champion, Keito Iwabuchi, from his early days of stretching and mastering basics to his crowning moment of World Championship Gold.

This emotional documentary will surely be an educational and inspirational piece of art that all coaches, judges, athletes and parents will always treasure.

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By admin at Sun, 09/27/2020 - 14:00

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