How to Construct Solo Routines

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[1]

Kyle guides you through solo routine construction with tips and an emphasis on the B and A level. You will even get usable material to start a good base for your routines. PUTTING IT TOGETHER with International Coach, Kyle Keiser! Tags: TwirlNations-On-Demand [2]

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[1] https://cbtf.ca/content/how-construct-solo-routines [2] https://cbtf.ca/tags/twirlnations-demand