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## How to Construct Solo Routines

[1]

Kyle guides you through solo routine construction with tips and an emphasis on the B and A level. You will even get usable material to start a good base for your routines. PUTTING IT TOGETHER with International Coach, Kyle Keiser!

Tags: [TwirlNations-On-Demand](#) [2]

By admin at Sun, 08/16/2020 - 13:00

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