Learning 3-Baton Essentials with Jennifer Marcus Schwartz

[1]
Being the “3-Baton Diva of the World” Jen breaks down the essentials that all coaches and athletes should know: Pendulums, Crescents, Vertical Boxes, Horizontal Showers, and Bowling Pins... all staples of the 3-Baton discipline.
Tags: TwirlNations-On-Demand [2]

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