Revised Short Program Element 6 (Contact Material) description and video

NOTE: **September 13 changes** have been approved and are included in the attached written description. The changes bring the written description into alignment with the demonstration video.

September 20, 2019: one additional correction has been included.

February 23, 2020: following the WBTF Winter Meetings, there was a a small change to the written description and the demonstration video has been updated.

Effective September 1 2019, a change to Element Number 6 (Contact Material) of the Short Program was approved. The Contact Material element now consists of two segments: an 8-count vertical series and an 8-count horiztonal series. Each series must begin on Count 1. **Updates to the written description were issued on September 13 and September 20 - those updates are included in the attachment below.**

In the Junior division, between the vertical series and the horizontal series, the athlete does not perform any Accessory Material. They will reset to the horizontal series start position.

In the Senior division, the vertical series is connected to the horizontal series using Accessory Material.

Four resources are provided below:

1. Contact Section Demonstration Video: This video shows the new element performed with the music. This demonstration does not show any Accessory Material connecting the two series.
2. Vertical Series - Body Work Coaching Notes: This video provides further detail on the body work for the vertical series. Coaches should find this useful for teaching the new series, and judges should find this useful as they assess proficiency.
3. Horizontal Series - Body Work Coaching Notes: This video provides further detail on the body work for the horizontal series.
4. Contact Section Description 20200221 - A count-by-count written descripton of the vertical and horizontal series.

Contact Section Demonstration Video

Vertical Series - Body Work Coaching Notes

Horizontal Series - Body Work Coaching Notes

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Attachment	Size
Contact_Section_Description_20200221.pdf [1]	411.62 KB

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Source URL:https://cbtf.ca/article/revised-short-program-element-6-contact-material-description-and-video

Links
[1] https://cbtf.ca/sites/default/files/media/Technical_Material/Contact_Section_Description_20200221.pdf

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