
2019 Secret Pal Information Sheet

Canadian International Cup Athletes will participate in the Team Canada Secret Pal Exchange!

The objective is to foster team spirit and to help your Secret Pal feel happy, motivated and part of the team through little gifts, notes, cards, positive phrases, pictures etc.

Secret Pals will be assigned by our Team Managers, Steven Kopas and Nancy Lighthouse. Don't tell anyone who your Secret Pal is - try and keep it a secret until the final exchange on August 5!

The attached Secret Pal Information Sheet is meant to tell your Secret Pal something about yourself. Complete Secret Pal Information Sheets should be returned to Joanne Moser, Contingent Coordinator, during the IC Qualifier or at the Contingent Meeting on May 20.

Attachment



Size

190.5 KB

[Secret_Pal_2019_.doc](#) [1]

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