

Canadian Baton Twirling Federation La Fédération Canadienne De Báton Sportif

Turquoise Badge

O Needs Attention

Athlete	Date
7 (11 110 10	Baio

SWINGS /WDADS /SLADS	Grip	Coordination / Timina	□ Exceeds Expectations	
SWINGS/WRAPS/SLAPS V. Arm Slap	Pattern	Coordination / Timing Smoothness	□ Meets Expectations	
H. Neck Slap	Plane Direction	Control	☐ Developing	
			□ Not Yet	
CONTACT	Grip Pattern	Coordination / Timing	Exceeds ExpectationsMeets Expectations	
V. Split Finger Twirls V. Eight Finger Twirls	Plane	Smoothness	□ Developing	
V. Flip Arm Circle Combo	Direction	Control	□ Not Yet	
ROLLS	Grip	Coordination / Timing	□ Exceeds Expectations	
V. Double Elbow Roll	Pattern	Smoothness	□ Meets Expectations	
V. Elbow Ext. & Retr. Roll Combo	Plane	Control	□ Developing	
Half Neck Roll, receive Blind	Direction	Tracking / Rolling Action	□ Not Yet	
AERIALS	Grip	Coordination / Timing	□ Exceeds Expectations	
Thumb Toss, catch Backhand Bow	Pattern	Smoothness	□ Meets Expectations	
V. One Spin, catch LH	Plane Direction	Control Placement	□ Developing	
H. LH Toss, One Spin to the L		riacement	□ Not Yet	
STRETCH & STRENGTH	Clarity	Body Lines	☐ Exceeds Expectations	
Forward Bend – Hands on Floor	Control Posture	Flexibility	☐ Meets Expectations	
Cobra, raise each arm – 4 counts	Alignment	Strength	□ Developing□ Not Yet	
			☐ Exceeds Expectations	
TRAVEL/COMBO	Clarity Control	Coordination / Timing	 □ Meets Expectations 	
Running Pas de Bourrée	Posture	Body Lines	□ Developing	
Floor Roll (Bent Knees)	Alignment	Use of Plié	□ Not Yet	
EXTENSION	Clarity		□ Exceeds Expectations	
Tendu to 2 nd and Rise to Ballet 5 th on	Control	Coordination / Timing	□ Meets Expectations	
Demi-Pointe	Posture	Body Lines Use of Plié	□ Developing	
Pre-Illusion from Tendu (Fwd/Rev) Ronde de Jambe (S)	Alignment	ose of File	□ Not Yet	
TURNING	Clarity	Continue (Time	□ Exceeds Expectations	
Outward Pirouette (Parallel)	Control	Coordination / Timing Body Lines	☐ Meets Expectations	
Skater/Sail Turn	Posture	Use of Plié	□ Developing	
Soutenu Turn	Alignment		□ Not Yet	
	Confidence	Appearance	□ Exceeds Expectations	
PERFORMANCE	Start / End Position	Consistency	□ Meets Expectations	
	Professionalism	Proficiency	□ Developing	
			□ Not Yet	
Overall Comments				
Overall Comments				
Drops		Final Grade		
Breaks/Slips		i mai Grade		
Off Pattern		'		
Loss of Balance				
Retry Flement		Adju	dicator	