



Athlete \_\_\_\_\_

Date \_\_\_\_\_

✓ Good    ○ Needs Attention

|                    |   |   |   |
|--------------------|---|---|---|
| <b>FULL HAND</b>   | Grip<br>Pattern<br>Plane<br>Direction                 | Coordination / Timing<br>Smoothness<br>Control                              | <input type="checkbox"/> Exceeds Expectations<br><input type="checkbox"/> Meets Expectations<br><input type="checkbox"/> Developing<br><input type="checkbox"/> Not Yet |
| <b>CONTACT</b>     | Grip<br>Pattern<br>Plane<br>Direction                 | Coordination / Timing<br>Smoothness<br>Control                              | <input type="checkbox"/> Exceeds Expectations<br><input type="checkbox"/> Meets Expectations<br><input type="checkbox"/> Developing<br><input type="checkbox"/> Not Yet |
| <b>ROLLS</b>       | Grip<br>Pattern<br>Plane<br>Direction                 | Coordination / Timing<br>Smoothness<br>Control<br>Tracking / Rolling Action | <input type="checkbox"/> Exceeds Expectations<br><input type="checkbox"/> Meets Expectations<br><input type="checkbox"/> Developing<br><input type="checkbox"/> Not Yet |
| <b>AERIALS</b>     | Grip<br>Pattern<br>Plane<br>Direction                 | Coordination / Timing<br>Smoothness<br>Control<br>Placement                 | <input type="checkbox"/> Exceeds Expectations<br><input type="checkbox"/> Meets Expectations<br><input type="checkbox"/> Developing<br><input type="checkbox"/> Not Yet |
| <b>BODY WORK</b>   | Clarity<br>Control<br>Posture<br>Alignment            | Balance<br>Body Lines<br>Flexibility<br>Strength                            | <input type="checkbox"/> Exceeds Expectations<br><input type="checkbox"/> Meets Expectations<br><input type="checkbox"/> Developing<br><input type="checkbox"/> Not Yet |
| <b>PERFORMANCE</b> | Confidence<br>Start / End Position<br>Professionalism | Appearance<br>Consistency<br>Proficiency                                    | <input type="checkbox"/> Exceeds Expectations<br><input type="checkbox"/> Meets Expectations<br><input type="checkbox"/> Developing<br><input type="checkbox"/> Not Yet |

**Overall Comments**

|                 |  |  |  |  |  |  |  |  |  |
|-----------------|--|--|--|--|--|--|--|--|--|
| Drops           |  |  |  |  |  |  |  |  |  |
| Breaks/Slips    |  |  |  |  |  |  |  |  |  |
| Off Pattern     |  |  |  |  |  |  |  |  |  |
| Loss of Balance |  |  |  |  |  |  |  |  |  |
| Retry Element   |  |  |  |  |  |  |  |  |  |

Final Grade

\_\_\_\_\_  
Adjudicator