



Maple Leaf Pin

Athlete _____

Date _____

✓ Good ○ Needs Attention

*Perform elements in order (1-8)

<p>CONTACT #6a – V Contact Series #6b – H Contact Series</p>	<p>Grip Pattern Plane Direction</p>	<p>Coordination / Timing Smoothness Control</p>	<p><input type="checkbox"/> Exceeds Expectations <input type="checkbox"/> Meets Expectations <input type="checkbox"/> Developing <input type="checkbox"/> Not Yet</p>
<p>ROLLS #3 - Four Continuous Elbow Rolls w/ RA Layout #4 - 2½ Continuous Back Neck Rolls</p>	<p>Grip Pattern Plane Direction</p>	<p>Coordination / Timing Smoothness Control Tracking / Rolling Action</p>	<p><input type="checkbox"/> Exceeds Expectations <input type="checkbox"/> Meets Expectations <input type="checkbox"/> Developing <input type="checkbox"/> Not Yet</p>
<p>AERIALS #1 – Travel Complex: Grande Jeté #2 – V RH Thumb Toss, 1 ½ Spin To L, LH Blind Catch #5 - H LH Toss, 1 ½ Spin To R, R Hand Flat Back Catch #7 – Stationary Complex: Rev Illusion #8 – V RH Thumb Toss, 2 Spin L, LH Catch</p>	<p>Grip Pattern Plane Direction</p>	<p>Coordination / Timing Smoothness Control Placement</p>	<p><input type="checkbox"/> Exceeds Expectations <input type="checkbox"/> Meets Expectations <input type="checkbox"/> Developing <input type="checkbox"/> Not Yet</p>
<p>BODY TECHNIQUE</p>	<p>Clarity Control Posture Alignment</p>	<p>Body Lines Flexibility Strength Balance</p>	<p><input type="checkbox"/> Exceeds Expectations <input type="checkbox"/> Meets Expectations <input type="checkbox"/> Developing <input type="checkbox"/> Not Yet</p>
<p>PERFORMANCE</p>	<p>Confidence Start / End Position Professionalism</p>	<p>Appearance Consistency Proficiency</p>	<p><input type="checkbox"/> Exceeds Expectations <input type="checkbox"/> Meets Expectations <input type="checkbox"/> Developing <input type="checkbox"/> Not Yet</p>

Overall Comments

Drops										
Breaks/Slips										
Off Pattern										
Loss of Balance										
Retry Element										

Final Grade

Adjudicator