



Athlete: _____

LEVEL I

LEVEL II

2-BATON TECHNIQUE	<p>Contact Material: Grip Pattern, Plane, Direction General Handling</p> <p>Aerial Releases: Grip, Wrist Rotation Center Baton, Center Body Thumb Toss Horizontal</p>	<p>Aerial Receptions: Placement of the Receiving Hand Center Body Center Baton Follow through Right Hand, Left Hand</p> <p>Rolls: Timing Rolling Action / Proper Tracking</p>	<p><input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement</p>
BODY TECHNIQUE	<p>Posture Stretch/Co-ordination/Placement of: Arms Hands Feet Legs</p>	<p>Turn-out from the hip on lunges Balance Body Position</p>	<p><input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement</p>
BATON & BODY CO-ORDINATION	<p>Timing of 2-Batons with Body Position of Batons in relation to Body Continuity, Flow, Clarity Control</p>	<p>2-Baton Co-ordination: Synchronic Twirling Directional Co-ordination Parallel Shadowing Dual Pattern</p>	<p><input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement</p>
PERFORMANCE SKILLS	<p>Eye Contact Confidence Facial Expressions Appearance, Grooming, Footwear, Baton</p>		<p><input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement</p>
GENERAL MECHANICS	<p>Variations from Standard Routine / Missed Elements Starting / Ending Position</p>		

- Circled: Needs Attention
- Checked: Exceeds Expectations

Drops												
Breaks/Slips												
Off Pattern												
Loss of Balance												

Unsportsmanlike Conduct

RIBBON	GRADE
RED	→ A
BLUE	→ B
WHITE	→ C
GREEN	→ D

LETTER GRADE

CLERK _____

JUDGE _____