



Athlete: _____

SECTION #1: Body Technique					
Turn: <input type="checkbox"/>	Kick: <input type="checkbox"/>	Leap: <input type="checkbox"/>	Lunge: <input type="checkbox"/>	Spin: <input type="checkbox"/>	<input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement
SECTION #2: Body Movement to Music with Restricted Baton Use					
BATON TECHNIQUE	Contact Material: Grip Pattern, Plane, Direction General Handling Deadstick Release: Grip Pattern, Plane, Direction	Deadstick Reception: Placement of the Receiving Hand Center Baton Follow through	<input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement		
BODY TECHNIQUE	Posture Stretch/Co-ordination/Placement of: Arms Hands Feet Legs	Parallel/Turn-out Balance Use of Demi Plié Use of Balls of Feet Spotting of Head on Spins/Turns	<input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement		
BATON & BODY CO-ORDINATION	Timing of Baton with Body Position of Baton in relation to Body		<input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement		
MUSICALITY	IN RELATION WITH THE MUSIC: In Time Phasing – too fast, too slow Combination – in and out of time		<input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement		
PERFORMANCE SKILLS	Eye Contact Confidence Facial Expressions Appearance, Grooming, Footwear, Baton		<input type="checkbox"/> Excellent <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Needs Improvement		
GENERAL MECHANICS	Variation from Standard Routine / Missed Elements Appropriate Floor Coverage and Movement Start Position, End Position				

○ Circled: Needs Attention
 ✓ Checked: Exceeds Expectations

RIBBON	GRADE
RED	→ A
BLUE	→ B
WHITE	→ C
GREEN	→ D

LETTER GRADE

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CLERK
 January 2023

JUDGE